

NEW!



## Too many Ps interrupting your Zs?

For adults waking up at least 2 times per night to urinate, it could be a disease called nocturia due to nocturnal polyuria (NP).

Ask your doctor about the MELT.

\*Clinical trials demonstrated a reduction of 1.5 nocturnal voids in women (n=118) and 1.3 nocturnal voids in men (n=102) relative to mean baseline. (The mean baseline was 2.9 for women and 3.0 for men.) 78% of women and 67% of men achieved a 33% reduction in mean number of nocturnal voids over a 3-month period compared to baseline.



NEW

**Nocdurna**

(desmopressin acetate) Sublingual Tablets

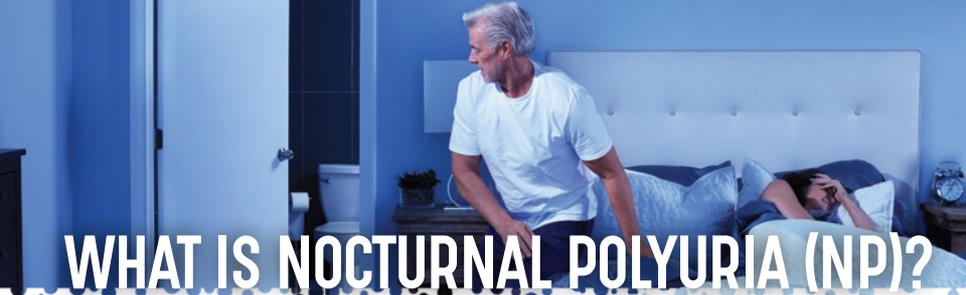
FEWER Ps DURING Zs\*

### IMPORTANT SAFETY INFORMATION including BOXED WARNING

#### What is the most important information you should know about NOCDURNA?

- **NOCDURNA may cause serious side effects, including low levels of salt (sodium) in your blood (hyponatremia) which may be life threatening, causing seizures, coma, trouble breathing or death if not treated early.**
- **Stop taking NOCDURNA and call your doctor if you have symptoms of low salt levels in your blood: headache, nausea or vomiting, feeling restless, tiredness (fatigue), drowsiness, dizziness, muscle cramps, change in your mental condition such as hallucinations, confusion, decreased awareness or alertness.**
- **You should not take NOCDURNA if you are at risk for low salt levels in your blood, such as if you drink a lot of fluid or have illness that can cause you to have fluid or body salt (electrolyte) imbalance or, if you take certain type of "water pill" called loop diuretic or glucocorticoids including inhaled steroids.**
- **Tell your doctor if you have a fever, infection, or diarrhea while taking NOCDURNA as these can cause you to have fluid or electrolyte imbalance.**
- **Your doctor should check your blood salt levels before you start or restart, within the first week and 1 month after you start taking NOCDURNA, and every so often as told by your doctor, with testing more often if you are at risk for low salt levels, such as those 65 years or older or take certain medicines that increase your risk.**

Please see Important Safety Information throughout. Click for full [Prescribing Information](#), including [BOXED WARNING](#) and [Medication Guide](#).



## WHAT IS NOCTURNAL POLYURIA (NP)?

If you're waking during the night to urinate, you may have a condition called **nocturia** (**nok-toor-ee-uh**).

The leading cause of nocturia is **nocturnal polyuria** (**nok-turnal poly-oor-ee-uh**), or NP.

Nocturnal polyuria is present in up to 88% of nocturia patients.



With NP, the kidneys produce too much urine at night, which can lead to frequent nighttime bathroom visits.

NP often accompanies OAB or BPH.

- You may already be taking medications that target your bladder or prostate to treat other conditions
- However, these medications may not reduce nighttime urination because they don't treat NP, a disease that affects the kidneys

So if you have nocturia due to NP, and are waking up at least 2 times to urinate, your doctor may prescribe a medicine that treats the overproduction of urine at night by targeting the kidneys.

### IMPORTANT SAFETY INFORMATION (cont)

#### What is NOCDURNA?

NOCDURNA is a prescription medicine only approved for adults who wake up at least 2 times during the night to urinate due to nocturnal polyuria (condition where your body makes too much urine at night). Other conditions could cause you to wake up during the night to urinate. Your doctor should have you measure your urine and the times that you urinate for 24 hours to determine if you have nocturnal polyuria. It is not known if NOCDURNA is safe and effective in children.



## INTRODUCING NOCDURNA

NOCDURNA is the only rapidly-dissolving sublingual tablet that treats nocturia due to NP in adults who wake up at least 2 times per night to urinate.



#### A sublingual tablet that dissolves in seconds

NOCDURNA dissolves quickly under your tongue—without water.

### HOW DOES NOCDURNA WORK?



NOCDURNA imitates a natural hormone in your body called vasopressin (**vas-oh-pres-in**). This hormone helps the kidneys produce less water at night. If you don't have enough vasopressin, your kidneys may release too much water at night, causing frequent nighttime urination.

NOCDURNA starts working within 30 minutes after you take it.

### CAN NOCDURNA HELP ME?



NOCDURNA is proven to reduce nighttime urination by nearly half, meaning you may wake up fewer times during the night to use the bathroom.\*

In clinical trials of adults 18 and older, NOCDURNA was studied for up to 3 years.

\*Clinical trials demonstrated a reduction of 1.5 nocturnal voids in women (n=118) and 1.3 nocturnal voids in men (n=102) relative to mean baseline. (The mean baseline was 2.9 for women and 3.0 for men.) 78% of women and 67% of men achieved a 33% reduction in mean number of nocturnal voids over a 3-month period compared to baseline.

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# TAKING NOCDURNA

## NOCDURNA OFFERS SPECIFIC DOSING FOR MEN AND WOMEN

 **MEN**  
55.3 mcg/day

 **WOMEN**  
27.7 mcg/day



Take 1 tablet daily, 1 hour before bedtime, without water. Tablet should be kept under the tongue until it has fully dissolved.

## WHEN TAKING NOCDURNA

- Limit the amount of water or liquids you drink from 1 hour before taking NOCDURNA and for 8 hours after taking it
- Avoid drinks containing caffeine or alcohol before bedtime
- Empty your bladder immediately before bedtime

## IMPORTANT SAFETY INFORMATION (cont)

### Do not take NOCDURNA if you:

- have or had low salt levels in your blood
- are thirsty much of the time and drink large amounts of fluid (polydipsia)
- are taking a type of water pill called a loop-diuretic
- are taking a glucocorticoid (steroid) medicine, including an inhaled glucocorticoid (steroid) medicine
- have moderate or severe kidney disease
- have or may have a condition called syndrome of inappropriate antidiuretic hormone (SIADH) secretion
- have an illness that can cause you to have low levels of fluid or electrolytes in your blood such as vomiting, diarrhea, an infection, or a kidney problem that causes you to have low levels of salt
- have a heart condition called heart failure
- have high blood pressure that is not controlled
- are allergic to any ingredient in NOCDURNA tablets

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# WHAT ELSE DO I NEED TO KNOW?

## WHEN STARTING NOCDURNA

Your doctor should monitor the sodium levels in your blood while you're taking NOCDURNA. If you are over the age of 65 you may need more frequent monitoring.\*†

The sodium levels in your blood should be checked at these timepoints:



**BEFORE**  
STARTING  
OR RESUMING  
THERAPY



**1 WEEK**  
WITHIN 1 WEEK  
OF STARTING  
OR RESUMING  
THERAPY



**1 MONTH**  
WITHIN 1 MONTH  
OF STARTING  
OR RESUMING  
THERAPY



**PERIODICALLY**  
AS INSTRUCTED BY  
YOUR DOCTOR\*

\*Patients 65 or older and those at increased risk for low sodium levels or who take certain medicines that increase the risk for hyponatremia should be checked more often. NOCDURNA may need to be stopped temporarily or permanently if you develop hyponatremia, and treatment for hyponatremia started depending on clinical circumstances, including how long the hyponatremia lasts and how serious it is.

†NOCDURNA may cause serious side effects, including low levels of sodium in your blood (hyponatremia) which may be life threatening, causing seizures, coma, trouble breathing, or death if not treated early.

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# NOCDURNA SAVINGS



## ELIGIBLE PATIENTS PAY NO MORE THAN \$40 FOR THEIR NOCDURNA PRESCRIPTION\*

Visit [www.nocdurna.com](http://www.nocdurna.com) to download a co-pay card.

\*If you have commercial insurance and your co-pay is more than \$40, you may qualify. Restrictions apply. Visit [www.nocdurna.com](http://www.nocdurna.com) for terms and conditions.

## THE NOCDURNA KNIGHTLINE IS HERE TO HELP

- If you don't have insurance or your insurance doesn't cover NOCDURNA, you may still be eligible for savings on your prescription



For more information, talk to your doctor or call the KnightLine at 1-833-608-2647

## IMPORTANT SAFETY INFORMATION (cont)

**Before taking NOCDURNA, tell your doctor about all of your medical conditions, including if you:**

- are at risk for low salt levels in your blood
- currently have vomiting, diarrhea, fever or an infection
- have any heart or kidney problems
- have high blood pressure
- have increased pressure in your brain (increased intracranial pressure)
- have a history of not being able to empty your bladder all the way (urinary retention)

## IMPORTANT SAFETY INFORMATION (cont)

**Before taking NOCDURNA, tell your doctor about all of your medical conditions, including if you: (cont)**

- are pregnant or planning to become pregnant. It is not known if NOCDURNA can harm your unborn baby. NOCDURNA is not recommended to treat normal symptoms of pregnancy that cause pregnant women to urinate often at night
- are breastfeeding, plan to breastfeed or the best way to feed your baby. Desmopressin, an ingredient in NOCDURNA, passes into breastmilk

**Tell your doctor about all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Using NOCDURNA with certain medicines may cause serious side effects. **Do not** start taking any new medicines until you talk to your doctor.

**Especially tell your doctor if you take a:**

- Water pill (diuretic)
- glucocorticoid (steroid) including an inhaled glucocorticoid (steroid). Your doctor should stop your treatment with NOCDURNA for a period of time while you are taking and after you stop taking an oral or inhaled glucocorticoid (steroid) medicine
- medicine used to treat depression called a tricyclic antidepressant or selective serotonin reuptake inhibitor (SSRI)
- medicine used to treat mood disorders, such as schizophrenia or bipolar disorder called chlorpromazine
- medicine used to treat seizures, nerve pain, or bipolar disorder called carbamazepine
- non-steroidal anti-inflammatory medicine (NSAID)

**Ask your doctor or pharmacist if you are not sure if your medicine is one that is listed above.** Your doctor may tell you not to take NOCDURNA if you have **fever, infection, or diarrhea** while taking NOCDURNA as these can cause you to have fluid or electrolyte imbalance. Tell your doctor if you have any of these symptoms.

**How should you take NOCDURNA?**

- Place 1 tablet under your tongue 1 time each day, 1 hour before bedtime without water. Leave the tablet under your tongue until it dissolves. While taking NOCDURNA, empty your bladder just before bedtime and **limit the amount of liquids** you drink **1 hour before** taking NOCDURNA until **8 hours after**. You may have serious side effects if you drink too much liquid.
- Avoid drinks with caffeine and alcohol before bedtime as this can cause your body to make more urine.
- Do not take more NOCDURNA than prescribed for you. If you take too much NOCDURNA, call your doctor right away or get emergency treatment.

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**Nocdurna**  
(desmopressin acetate) Sublingual Tablets



For fewer Ps during Zs\*



NEW

**Nocdurna**<sup>®</sup>  
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The only rapidly-dissolving sublingual tablet that treats nocturia due to NP in adults who wake up at least 2 times per night to urinate

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Talk to your doctor about the MELT or visit [www.nocdurna.com](http://www.nocdurna.com) to learn more.

### IMPORTANT SAFETY INFORMATION (cont)

#### What are the possible side effects of NOCDURNA?

- NOCDURNA may cause serious side effects. See “What is the most important information you should know about NOCDURNA?”
- The most common side effects are dry mouth, low levels of salt in blood (hyponatremia), and dizziness

These are not all of the possible side effects of NOCDURNA. Call your doctor for medical advice about side effects.

You may report side effects to FDA at 1-800-FDA-1088.

**Please see Important Safety Information throughout. Click for full Prescribing Information, including BOXED WARNING and Medication Guide.**

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